

Concho Valley CARES Success Update

November 2010



CONCHO VALLEY
C.A.R.E.S.



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YOUTH CARES to Recognize National Drug Facts Week, November 8-14, 2010

Submitted by E. Angelina Osornio—Concho Valley CARES Coalition Coordinator

November 8-14, 2010 is National Drug Facts Week and this year's theme is **Shatter the Myths**. National Drug Facts Week is a health observance week for teens that aims to shatter the myths about drugs and drug abuse. Through community-based events, **NIDA** (National Institute on Drug Abuse) is working to encourage teens to get factual answers from scientific experts about drugs and drug abuse.

This year, **YOUTH CARES** (the teen committee of the **Concho Valley CARES Coalition**) is recognizing National Drug Facts Week by having **SAISD** middle and high schools read one drug fact every morning during the announcements throughout the week. **YOUTH CARES** will end the observance with **L8 Nite @ the Lake House** a carnival for middle school, high school, and college students.

L8 Nite @ the Lake House

L8 Nite @ the Lake House will take place at the **ASU Lake House**, located on **1925 Beaty Rd**, from **8-11pm**. There will be a \$10 admittance fee for the event which will include a meal and 10 game tickets. Extra game tickets will cost 25 cents each.

**L8 NITE @
THE LAKE HOUSE**

Currently, we are still in need of volunteers to host game booths at the event. Due to our limited resources, those who agree to host a game will be responsible for supplying their own materials. **YOUTH CARES** is one of the most active components of the coalition and they really need our help!

House of Faith will provide transportation for teens that need a ride to the event. Three locations throughout the city will be designated pick-up and drop-off spots and they are both **Wal-Marts** and **Lowe's Grocery** on Main Street.

For more information or to volunteer, please contact E. Angelina Osornio at 325-224-3481 or angelinao@adaccv.org and please visit the Concho Valley CARES website, www.cvcares.org.

Thanks to our Sponsors!

Alcohol & Drug Abuse Council for the Concho Valley • Angelo State University
Community Pharmacy • The Fortenberrys • Rick De Hoyos
DJ Platinum Playback • Hounds of Heaven • MHMR for the Concho Valley
Gonzolo Rios • Wal-Mart Super Center (both locations) • Target

Image Sources: <http://www.drugfactsweek.drugabuse.gov/> and Concho Valley CARES Coalition

CV CARES and ADACCV Announce the Dress Your Campus in Red Contest Winners!



Submitted by E. Angelina Osornio—Concho Valley CARES Coordinator



Goliad Elementary

For the last three years, the **Concho Valley CARES (Community Action & Resources for Empowerment and Success) Coalition** and the **Alcohol and Drug Abuse Council for the Concho Valley (ADACCV)** has incorporated their annual **Dress Your Campus in Red Contest** during **Red Ribbon Week**. School campuses were judged based on their efforts to “dress” their campus in red and their use of drug-free messages.

This year, 18 campuses participated. On the elementary level they competed for a movie day and the middle and high schools competed for a DJ for an event of their choosing (i.e. spring dance or prom). The winners are...

- **Elementary- was a TIE!!!**
Goliad and Santa Rita were both so amazing that we are awarding them both first place!!!
- **Middle School**
Lincoln!
- **High School**
Central High School – Main Campus!



Santa Rita Elementary



Lincoln Middle School

Winning campuses will also be recognized at the November **San Angelo** ISD Board Meeting and will be featured in the December issue of the **San Angelo Family Magazine**. All schools will receive a certificate and a memory/photo book.

Substance abuse is particularly damaging to one of our most valuable resources, our children, and is a contributing factor in the three leading causes of death for teenagers – accidents, homicides, and suicides.

The CARES Coalition and ADACCV value the health and safety of all our citizens. Community involvement is a proven strategy in preventing and combating substance abuse in youth, and in turn adults. It was the belief of **Enrique “Kiki” Camarena**; a DEA agent murdered in the line of duty, that one person CAN make a difference.

In 1988 the Red Ribbon Campaign was established by Congress to promote this belief and encourage a drug-free lifestyle and involvement in drug prevention efforts by the entire community. The Red Ribbon Week campaign is celebrated annually the last week of October, which is October 25-31, 2010.



Central High School

Drug Trend: Hydroponic Marijuana

Submitted by Paulette Schell, Prevention Specialist

What is Hydroponic Marijuana?

Hydroponic Marijuana is grown in water, not in soil.

How is it different from 'regular' Marijuana?

It grows faster than traditional Marijuana.

Is it stronger than 'regular' Marijuana?

Teens report that it is stronger, has a longer effect.

Can it be found in the Concho Valley?

Yes! And it is preferred by teens over traditional marijuana.

What are other names for Hydroponic Marijuana?

Hydro, 'Dro

Is Marijuana Addictive?

Yes! Not only is it addictive, but research shows that Marijuana is associated with long term problems such as poor academic performance, memory loss and lung cancer.



We Now Have CV CARES Press Releases Online!

Submitted by E. Angelina Osornio—Concho Valley CARES Coordinator

The Concho Valley CARES Coalition now posts all their press releases online at <http://www.cvcare.org/articles/view/47>.

Now members can be up to date with all CARES news and activities!



Voters Approve Proposition 1

Submitted by Nichole Monzon—Concho Valley CARES Assistant



Voters displayed their support of Proposition 1, receiving 60 percent of the vote at the November 2nd election. The ban will take place in all public places in San Angelo and those that are not already smoke-free will have to be when the ordinance goes into effect (in about a month).

As written, the ordinance bans smoking in bars, restaurants, outdoor sports arenas and workplaces with one or more employees.

The process began in January 2010, when Smoke-Free San Angelo submitted a petition with over 4,000 signatures to the city clerk.

We Need A Venue For The Annual Progress Luncheon

Submitted by E. Angelina Osornio—Concho Valley CARES Coordinator



The CV CARES Coalition will host the Second Annual Drug Free Communities Progress Luncheon on Thursday, December 9, 2010. The luncheon is an opportunity for CARES to acknowledge accomplishments as well as distribute copies of the 2010 Annual Report. The report highlights the great strides C.A.R.E.S. is making in addressing our community's substance abuse problems.

Can you help us find a location? We need a venue that can accommodate approximately 75 people. It is a luncheon so we will need a place that allows us to serve food and for attendees to dine comfortably. We are hoping to host this event in a centralized location, for example in the downtown area.

If you have any suggestions, please contact Nichole Monzon at 325-224-3481 or nicholem@adaccv.org. Thank you for your help!

Welcome Our Newest Members!

Submitted by E. Angelina Osornio—Concho Valley CARES Coordinator

In the last few months, CARES has been working to formalize coalition membership by creating a Memorandum of Understanding (MOU) and Membership Orientation. The MOU was first introduced at the June 2010 CARES meeting and has been made available since. The following have signed their MOU so please help in welcoming them:



Individuals and Agencies: Diane Robinson and Monica Gonzalez (MHMR)

The CARES Membership Panel is still planning the initial Membership Orientation, look for details in an upcoming newsletter and the CARES website—www.cvcare.org.



**Concho Valley CARES Launches:
I Am C.A.R.E.S. Campaign**

Submitted by E. Angelina Osornio—Concho Valley CARES Coordinator

Concho Valley CARES launched the **I Am C.A.R.E.S.** Campaign in October 2010 in the San Angelo Family Magazine. The campaign is designed to introduce CARES members to the community and allow them to explain why they are members of the coalition.

The October San Angelo Family Magazine ad featured Lake View educator and YOUTH CARES Facilitator, Deanna Watkins. The November issue featured YOUTH CARES and is on page 6 of the newsletter.

To view the ads, please visit <http://www.cvcare.org/articles/view/49>

11/02
 YOUTH CARES Meeting
 6:30pm
 MHMR—424 S. Oakes

11/08-11/14
 National Drug Facts
 Week

11/09
 YOUTH CARES Meeting
 6:30pm
 MHMR—424 S. Oakes

11/11
 Office Closed
 Veteran's Day

11/13
 L8 Nite @ the Lake
 House Teen Carnival
 8-11pm
 ASU Lake House—
 1925 Beaty Rd.

11/16
 YOUTH CARES Meeting
 6:30pm
 MHMR—424 S. Oakes

11/25 & 26
 Office Closed
 Thanksgiving

12/07
 YOUTH CARES Meeting
 6:30pm
 MHMR—424 S. Oakes

12/09
 DFC Annual Progress
 Luncheon
 Location & Time TBD

12/14
 YOUTH CARES Meeting
 6:30pm
 MHMR—424 S. Oakes

12/23 & 24
 Office Closed
 Christmas Holiday

12/31
 Office Closed
 New Year's Holiday

November 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11 CLOSED	12	13 L8 Nite @ the Lake House
National Drug Facts Week—Shatter the Myth						
14	15	16	17	18	19	20
21	22	23	24	25 CLOSED	26 CLOSED	27
28	29	30				

December 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 CLOSED	24 CLOSED	25
26	27	28	29	30	31 CLOSED	

If you would like to contribute an article related to substance abuse or have an agency announcement† for the CV CARES Success Update, please contact
 E. Angelina Osornio—CV CARES Coordinator at angelinao@adaccv.org.
 CV CARES Success Update is distributed on the 1st of every month so deadlines are the 25th.



†Articles and agency announcements made in any CV CARES update, notice, newsletter, etc must be in line with our strategic plan outlined for the Drug Free Communities (DFC) Grant. If your agency has an announcement you would like to share but does not fall in line with our strategic plan, you can share them at our CV CARES general membership monthly meetings.

We Are C.A.R.E.S.



FR: Haley Mata, Miranda Rivas, Katie Findlay & Brandi Sablan

BR: Natalie Salazar, Miguel, Valdez, Xeavier Hawkins, Jose Reyes, & Roy Rodriguez

I am CARES because I want to set the example!

I am CARES because I want to be a leader in the community.

I am CARES because I am above the influence.

I am CARES because I want to be a better Me.

I AM CARES BECAUSE I STAND UP AND HAVE A VOICE!

I am CARES because I want to break the family cycle.

Join us! Everyone can help!

Because with your help, we will make a difference!



www.cvcare.org

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Mission Statement: To eliminate substance abuse through community effort.

Vision Statement: Our dream is through God's guidance; we unite our community, and create an environment that encourages the elimination of substance abuse, so our children and families can thrive in a spiritual, moral, healthy, drug-free environment..