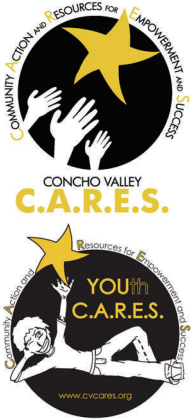


January 2011



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If you would like to contribute an article related to substance abuse or have an agency announcement for the CV CARES Success Update, please contact E. Angelina Osornio—Drug-Free Communities Coordinator at angelinao@adaccv.org. **CV CARES Success Update is distributed on the 1st of every month so deadlines are the 25th.**

Concho Valley CARES Coalition Announces Its Member of the Year Winners

Submitted by E. Angelina Osornio—Drug-Free Communities Coordinator

The **Concho Valley CARES Coalition** is proud to announce its Adult and Youth CARES Members of the Year. **Department of Public Safety (DPS) Trooper Shawn Baxter** was elected as the **Adult CARES Member of the Year** by a large margin. High school student, **Roy Rodriguez**, was elected as the **Youth CARES Member of the Year**. The winners were announced at the Second Annual Drug-Free Communities Progress Luncheon, which took place on Thursday, December 9, 2010. Also recognized were the coalition **Chair, Vice Chair, and YOUTH CARES Facilitator**; they are **Dr. Kenneth Stewart, Sammy Sablan, and Deanna Watkins**, respectively.

The CARES Coalition used the luncheon as an opportunity to distribute copies of their **2010 Annual Report** titled *Success is...Putting the Pieces Together*. The report highlights both the impacts CARES has made this year, and some of our plans and goals for this coming year in addressing our community's substance abuse problems. To obtain a free copy of the report, contact Paulette Schell at paulettes@adaccv.org.

Congratulations Winners!

FDA Proposes Graphic Health Warnings

Submitted by E. Angelina Osornio—Drug-Free Communities Coordinator

It is said that a picture is worth a thousand words, and that is the aim of the FDA, to use graphic warnings, such as the one above to send strong warnings on the dangers of smoking. This is just one of the proposed color graphics that will be required to cover 50% of the front and back of cigarette packages and 20% of any cigarette advertisement.



Click [here](#) to go to the FDA website to view the additional proposed cigarette health warnings.

Health warnings for U.S. Food and Drug Administration proposed regulation "Required Warnings for Cigarette Packages and Advertisements"

The FDA wants your input on the proposed graphic health warnings rule. Now through Tuesday, January 11, 2011 you may submit your official comments in the following ways:

1. Go to www.regulations.gov and insert docket number FDA-2010-N-0568 in the "search" box and follow the prompts.
2. Fax your comments to 301-827-6870.
3. Mail/Hand delivery/Courier to the Division of Dockets Management (HFA-305), Food and Drug Administration, 5630 Fishers Lane, Room 1061, Rockville, MD 20852.

I Am C.A.R.E.S. Campaign

Phil Neighbors, President - San Angelo Chamber of Commerce and Concho Valley CARES Coalition member, is featured this month in our ongoing I Am C.A.R.E.S. Campaign.

Phil is actively involved in CARES by being a member of our Steering Committee and Information Liaison Panel.

This ad will also appear in the January issue of the San Angelo Family Magazine.

I Am C.A.R.E.S.
 Phil Neighbors, San Angelo Chamber of Commerce

“Working with the CVCARES Steering Committee and membership the past several years has reminded me of the financial costs of substance abuse to area employers, as well as the personal costs in the lives of those impacted by substance abuse.

But CVCARES doesn't just highlight the problem. Community entities work together to provide solutions for employees and employers, encourage workers to get help when needed or stay abuse free, and give employers resources to help establish drug-free workplaces.

We could use more business and community support. Won't you join us?”

Because with your help, we will make a difference!

www.cvcare.org
 Concho Valley CARES Coalition
 % ADACCV
 3553 Houston Harte • San Angelo, TX 76901
 P: 325-224-3481 • F: 325-224-4923

Join us!
 Everyone can help!

ADACCV
 A Community Effort to Eliminate Substance Abuse

Smoke-Ban Amendments



Submitted by E. Angelina Osornio—Drug-Free Communities Coordinator

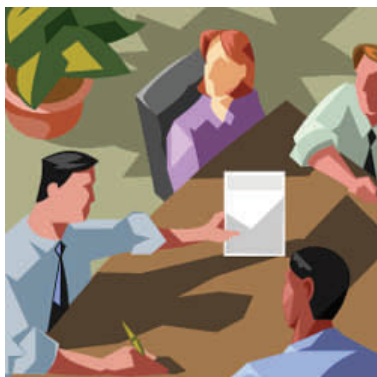
The San Angelo City Council amended portions of the Smoke-Free Ordinance. After several comments from the public and extensive discussion, the ordinance will allow the following exemptions:

- Smoking retail outlets
- Bingo Halls that have their smoking and non-smoking sections separated by a firewall and have 2 separate entrances.

Regardless of size, no bars or restaurants will be exempt.

CARES Meeting Times May Be Changing Soon

Submitted by E. Angelina Osornio—Drug-Free Communities Coordinator



It has come to the Drug-Free Communities (DFC) Staff that the current CV CARES General Membership meeting day and time - which is the second Thursday of each month at noon - is no longer working for several members. We will be emailing our survey link and posting it on our website very soon to determine a day and time that is better suited for our membership. We are also going to use the survey to determine if we should switch to bi-monthly or quarterly meetings.

As of right now, we are scheduled to have our regular meeting on **Thursday, January 13, 2011 at noon**. We will meet at the **Alcohol & Drug Abuse Council for the Concho Valley—Cotton Lindsey Center** which is located at **3553 Houston Harte**. We will meet in **Conference Room A**. Please RSVP to Paulette Schell at paulettes@adaccv.org or at 325-224-3481 as we will be providing lunch.

- 1/10-11
ASAP TIPPS
Conference
Austin, TX
- 1/11
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes
- 1/13
CARES Meeting
12pm
ADACCV-CLC
3553 Houston Harte
- 1/18
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes
- 1/25
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes
- 1/27
Steering Meeting
12:00pm
SAISD Admin—1621 University
Ave
(subject to change)

January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11 YOUth CARES Mtg	12	13 CARES Mtg	14	15
16	17	TIPPS Conference				
	17	18 YOUth CARES Mtg	19	20	21	22
23	24	25 YOUth CARES Mtg	26	27 Steering Mtg	28	29
30	31					

*“We will open the book. Its pages are blank.
We are going to put words on them ourselves.
The book is called Opportunity and its first chapter is New Year's Day.”
- Edith Lovejoy Pierce*

- 2/01
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes
- 2/08
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes
- 2/14-2/15
2011 Stand United Against
Violent Crimes in Rural Texas

8-5pm both days
First United Methodist Church
37 E. Beaugard
- 2/15
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes
- 2/22
YOUth CARES Meeting
6:30pm
MHMR
424 S. Oakes

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 YOUth CARES Mtg	2	3	4	5
6	7	8 YOUth CARES Mtg	9	10	11	12
13	14	CADCA Conference, Washington DC			18	19
20	21	15 YOUth CARES Mtg	16	17	25	26
27	28	22 YOUth CARES Mtg	23	24		

*Articles and agency announcements made in any CV CARES update, notice, newsletter, etc must be in line with our strategic plan outlined for the Drug Free Communities (DFC) Grant. If your agency has an announcement you would like to share but does not fall in line with our strategic plan, you can share them at our CV CARES general membership monthly meetings.



Question: What will they think of next?
Answer: Alcohol-infused whipped cream.



Submitted by Julie Alonso—Drug-Free Communities Project Director



That’s right, it’s called Whipped Lightening (one of the brand names out there), also being referred to as “whipahol.” This product ranges from 16% to 18% alcohol by volume, is available in nine different flavors, is sold for around \$13 a can and is being marketed as a product with “elegance, style and sophistication.”

The product maker says, “whipped cream is not just for kids anymore,” and encourages consumers to dress up their alcoholic drinks, coffees and desserts with a wallop of whipahol. One can of Whipped Lightening is equivalent to about three to four beers. Whipahol is currently not considered a food product and is therefore not subject to FDA approval.

Article Source: Drug-free Action Alliance newsletter

Do You Want to Host One of Our Meetings?

We need a location that can accommodate up to 30 people. CARES will provide all the food and materials; we just need you to provide the location. We’ll also allow you some time to promote your agency and it’s services!
Please contact Paulette Schell at paulettes@adaccv.org or 325-224-3481 .

**“Cheers to a New Year and another chance for us to get it right.”
- Oprah Winfrey**



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www.cvcare.org



Please
Place
Postage
Here

Mission Statement: To eliminate substance abuse through community effort.

Vision Statement: Our dream is through God’s guidance; we unite our community, and create an environment that encourages the elimination of substance abuse, so our children and families can thrive in a spiritual, moral, healthy, drug-free environment..