



## Concho Valley CARES Monthly Meeting Minutes

Thursday, March 11, 2010

5:30PM – 6:30PM

Alcohol & Drug Abuse Council for the Concho Valley – Cotton Lindsey Center – Conference Room A

3553 Houston Harte

San Angelo, TX 76901

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**Mission Statement:** To eliminate substance abuse through community effort.

**Vision Statement:** Our Dream is through God's guidance; we unite our community, and create an environment that encourages the elimination of substance abuse, so our children and families can thrive in a spiritual, moral, healthy, drug-free environment.

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Attendees: Retha Fortenberry – Meals for the Elderly, JB Hall, Phil Neighbors – San Angelo Chamber of Commerce, Alicia Hartzell – ADACCV, Kristi Buckingham – Children for a Peaceful World, Julie Alonso – DFC Program Director, E. Angelina Osornio – CARES Coordinator

### 1. Reading of Mission & Vision Statement (Retha Fortenberry)

### 2. Attendee Introductions & Announcements

Angelina mentioned the Hurt Ink Tattoo Dodgeball Tournament taking place Saturday, March 27, 2010 from 9AM-4PM. She is encouraging all members to get the word out to get teams registered.

### 3. ADACCV Prevention Tobacco Presentation (Shannon Pounds)

- March 24, 2010 is National Kick Butts Day and SAISD is participating in a social-marketing contest
  - Middle/High School students are creating a radio PSA and the grand prize winner get their ad produced and aired on KIXY-FM to air on Kick Butts Day
  - Elementary students will create anti-smoking PSA's to be displayed at Sunset Mall
- ADACCV Prevention Specialists go into the schools to provide prevention education, pertaining to alcohol, tobacco, and other drugs, to students. Today's presentation was focused on tobacco.
  - Cigarettes contain thousands of ingredients with several being carcinogens.
  - Carcinogens are defined as a substance or agent that causes cancer.
  - Visual aids were available and included: healthy lung, diseased lung, and a mouth affected by tobacco use.
    - Healthy lung = pink and spongy
    - Diseased lung = color was black from the tar and had white spots that reflected cancer and/or scar tissue
    - Mouth = showed sores, missing teeth, diseased gums, etc

### 4. Revised Year 2 Plan (Julie Alonso)

- Due to very low attendance not much was covered regarding the following documents (all documents attached):
  - REVISED Year 2 Action Plan
  - Year 3 Action Plan
  - Year 2 Timeline of Events
- Members are being asked to review the documents and provide feedback to ensure we finish out Fiscal Year 2 on an upswing



- One primary activity goal is to elect a Chair and Vice Chair to represent the CARES Coalition. Please visit [www.cvcare.org](http://www.cvcare.org) to access our Survey Monkey Account so you may nominate or self-nominate candidates. I have also included a link in the email body.
  - Duties for each position are outlined in the survey
- Coalition Panels  
Members are needed to sign up for the following panels. They require much less commitment than a regular committee.
  - Membership Panel
    - Panel of members to regularly scout/recruit members
  - Public Relations Panel
    - Panel of members to help plan out the media plan for each fiscal year
  - Information Liaison Panel
    - Panel of members that keep membership informed about local policies and upcoming policy changes
    - Not meant to sway membership to take a side just to keep group informed so they can decide which opportunities CARES can advocate for

#### **5. Teens in the Driver's Seat Update (E. Angelina Osornio)**

- Jamie Highsmith from SAISD and Casey Dusza from Teens in the Driver's Seat are working to establish a couple of presentation for SAISD high schools for the first week of May

#### **6. Volunteer Opportunities Page on Website (E. Angelina Osornio)**

The Concho Valley CARES website now has a new page titled "Volunteer Opportunities". It is meant to keep our members informed coalition volunteer opportunities. Some are as follows:

- Nurse for Hurt Ink Tattoo Dodgeball Tournament – March 27, 2007, 9:00AM-4:00PM
  - Volunteers can work in shifts
- Booth Attendant for Community Day at Sunset Mall – April 10, 2010, 10:00AM-5:00PM
  - Members can work in shifts
  - Angelina cannot be available that day due to a relatives wedding
- Booth Attendant for San Angelo Law Enforcement Health Fair – April 22, 2010, 11:00AM-2:00PM

#### **7. Review of Meeting Times**

The evening meetings (so far, November 2009, January 2010, and March 2010), have had very low attendance. Members in attendance of last night's meeting discussed the possibility of sticking strictly to noon meetings if the next evening meeting in May has a low turnout.

In October 2009, a survey was made available to members asking their preference for a meeting time. Members were split about the meeting times so a decision was made to alternate between noon and evening meetings. If you elected to have evening meetings, you are highly encouraged to attend them.

#### **8. Next Meeting**

- a. DATE: Thursday, April 8, 2010
- b. TIME: 12:00pm
- c. LOCATION: ADACCV – Conference Room A, 3553 Houston Harte