



CV CARES Action-Focused Monthly Meeting Agenda

Thursday, August 13, 2009

1:00 PM

First United Methodist Church – Heritage Hall

37 W Beauregard

San Angelo, TX 76903

Mission Statement: *To eliminate substance abuse through community effort.*

Vision Statement: *Our Dream is through God's guidance, we unite our community, and create an environment that encourages the elimination of substance abuse, so our children and families can thrive in a spiritual, moral, healthy, drug-free environment.*

Attendees: Ted Hallford, Dr. Ken Stewart – Angelo State University, Beverlee Williams – United Methodist Ministries, Officer Kathy Walker – SAPD, JB Hall, Gardner Wiseheart – Healthy Families, N. Gary Smith – Juvenile Justice Center, Jeanelle Montez – Alcohol & Drug Abuse Council (ADACCV), E. Angelina Osornio – ADACCV, Carla Hudson – New Bridge Family Shelter, Maryelva Luna – Girl Scouts, Nelda Angel – Goodfellow AFB, Tabitha Ramirez – New Bridge Family Shelter, Judy McCorquodale – ADACCV, Julie Alonso – ADACCV, Bishop Michael Pfeifer – Catholic Diocese

1. Reading of Mission & Vision Statement (Gary Smith and Julie Alonso respectively)

2. Attendee Introductions & Announcements

Officer Walker announced SAPD has a Facebook page that contains press releases, updates, arrests, bios, and crime map. Both stories with positive and negative outcomes are posted. Citizens may also receive a personal response to their comments/questions.

Carla mentioned that October is Domestic Violence Awareness month and on October 11th, the New Bridge Family Shelter will host a fair on October 11th at Kid's Kingdom from 1:00-4:00pm.

Bishop Pfeifer noted the coalition has “come a long way” due to the guidance of Julie and Angelina and the assistance of the Drug Free Communities (DFC) grant. Bishop also stated the substance abuse issue is an “issue we all have to work at”.

Bishop Pfeifer mentioned his meeting with the bishops of both Texas and Mexico. The Arch Bishop in Juarez, Chihuahua, Mexico explained 10 drug cartels are killed a day in their city and it is “spilling over into the states”. Bishop also noted the drug business is a \$250 billion a year business and it will take all of us working together to make an impact.

Tabitha mentioned that New Bridge Family Shelter is hosting a Child Abuse Prevention Seminar on Saturday, August 15 at First United Methodist Church.

Nelda explained she is interested in CARES because she wants to get more involved in the community.

3. Community Mobilization (Julie Alonso)

Julie noted the community mobilization workshop will take place on Friday, August 21, 2009 from 9:00am – 3:00pm at the San Angelo ISD Administrative Offices in the School Board room.

Gary explained a great way to reach out to the community is to present at the Kiwanis Club, Rotary Club, or the Lion's Clubs because they want to help. Julie mentioned the ad for the workshop that will be in Sunday's (08/16/09) Standard Times.

Julie further explained that Sue Staggs (the presenter) is a national level trainer. Anyone from the community may attend. The workshop will allow us (the community) understand why substance abuse is a problem here. The



workshop will allow the attendees to open up the dialog and create strategies with the resources we have in the Concho Valley.

4. ADACCV Prevention Programs & Interventions (Jeanelle Montez)

Jeanelle explained she works with juveniles and college aged people. She briefly covered ADACCV's services – prevention and treatment. The prevention programs work with youth as young as 3 years old. She explained that she has known a 1st grader explain to her how to “shoot up”. Treatment has 2 residential treatment homes – Sara's House and William's House.

Jeanelle explained meth is 99% addictive the first time it is used. She also noted females are drinking more. One theory is the hard liquor drinks are more visually appealing.

Jeanelle mentioned she speaks with the youth at the Juvenile Justice Center and Gary mentioned she is “well-received” by the incarcerated youth. Jeanelle also explained that ADACCV has a large referral base and “we are always here to help out”.

JB asked how long have both William's and Sara's Houses been in San Angelo. Gary explained that he believes Williams since the 60's and Sara's since the 80's.

Carla asked how long the stay was for residents. Jeanelle noted it could range anywhere from 15-60 days. Julie explained stays “tend to be longer at Sara's house” but only based on approval.

5. DFC Week 3 Training Update (Julie Alonso)

Julie explained both Sammy Sablan of MHMR and Dr. Ken Stewart of ASU and CARES members joined her, Eric Sanchez, Executive Director of ADACCV, and Angelina in Louisville, KY for the DFC Week 3 training for the coalition.

Ken began by thanking Julie and CARES for the opportunity to attend the training.

He proceeded by mentioning that Jeanelle's service cannot do everything to eliminate substance abuse in the community. It is vital for communities to “work together” for this cause. Coalitions are an example of community effort and studies show coalitions are effective to community change.

Ken explained the DFC grant is a 10 year grant so “we have time” to work towards our mission. He explained he is the evaluation consultant for the coalition and that evaluation is the opportunity to tell a story of community change. Evaluation will also help with determining where “pot holes” are in the community.

Ken stated that CARES needs a small number of individuals to join evaluation committee to help determine a record keeping technique, goals objectives, compilation, and ultimately tell the story of the coalition.

The first priority of the evaluation committee is record keeping and track community change that are related to the goals of the coalition. The evaluation will help us better understand our area and the people we are trying to serve. Thankfully, the grant will allow us 10 years to figure this out.

Julie mentioned the great “thing to see is how different a coalition measures progress is different from non-profits. The coalition can report any agency's progress/efforts and would be at a disservice without local agencies.

Ken explained that a coalition is not a silo of service; it “requires stitching together resources of the entire community”.

Julie explained the community mobilization training will provide a better idea of how to do this. She explained our members “know people” and they have a valuable piece in the community.



6. **“You Are Key, Let’s Talk Drug Free” Month & Red Ribbon Week (Julie Alonso)**

Julie began by explaining Red Ribbon week is observed during the last week of October. She also mentioned that ADACCV has created a timeline of great things to take place in the month of October. The first goal of this is to educate parents. Julie stated, “We can talk to the kids but ultimately we need to reach the parents.”

Julie also mentioned the “Little Red Book” that will begin with a “Call to Action Piece”. The Red Book will go out on Saturday, September 26, 2009 and will include the timeline of events. The first “event” promoted in the book will be Family Day – Eat Dinner with Your Children™ which is nationally recognized this year on Monday, September 28th. Instead of it being one day, CARES wants to encourage families to participate all week. CARES wants to encourage parents to speak with their children about substance abuse and other issues children face.

Julie explained the #1 reason youth choose not to use is because of their parents. The quality time families spend together predicts lower usage of substance abuse.

Julie also noted that the religious sector will be reached out to so they may encourage their parish to participate in Family Week. Phil Neighbors – President of the Chamber of Commerce has explained it will be mentioned at the Expo the Chamber is hosting.

The Red Book will also contain a pledge and it was read by Judy:

As members of the Concho Valley C.A.R.E.S. Coalition we ask all citizens, families, businesses, public and private agencies, media, churches, educational institutions, law enforcement agencies, and service organizations to join us in our call to action against illegal drug use and underage drinking.

Also, as a community, and as parents, grandparents, families, caregivers and mentors, we agree to talk to our loved ones and uphold the choice of living drug free.

We, the undersigned, pledge to do all we can to establish an atmosphere that supports awareness, education and on-going initiatives to protect our community from the dangers of alcohol, tobacco and other drugs.

Judy then passed around the pledge and asked everyone to sign. Julie further explained those that choose to sign can either be represented in the book by their sector or if needed, have another representative in their organization sign. People may choose to sign as a private citizen, as well.

Besides going out in the paper, extra booklets will be on hand to disperse, along with 5,000 copies in Spanish.

Kathy also discussed National Night Out™ which takes place on October 13th and is spearheaded by the Police Department. She explained last year was a great success. The event’s focus is public safety.

There will be 6 sites and they will host street fairs and Target will be the major sponsor. The fairs will be free. Each site has a coordinator and they put together their own event. ADACCV will have a presence. The time range will be from 5pm-9pm but each site may vary slightly. Kathy asked that anyone interested in volunteering to contact her.

7. **Prescription Disposal (Gardner Wiseheart)**

Gardner explained he knows Jan Jones, the former Central High School nurse. She now works in Honduras at a clinic. Many times the clinics are unable to provide the meds the patients need. There is a program that exists where people with left over prescriptions can donate what they have. The meds are then taken and re-prescribed to the patients. It is considered a safe alternative to trashing or flushing meds (a big no-no).

Julie asked if our membership would be willing to support this program and many nodded their agreement.

8. **Next Meeting**

- a. DATE: Thursday, September 10, 2009
- b. TIME: 1:00pm
- c. LOCATION: First United Methodist Church – Heritage Hall, 37 E Beauregard